

Coldstave AF Syrup

**Chlorpheniramine Maleate (2mg) +
Phenylephrine (5mg) Syrup**

**constricting blood vessels in the nasal
passages.**

This syrup combines Chlorpheniramine Maleate, an antihistamine, and Phenylephrine, a nasal decongestant, to provide effective relief from symptoms of cold, allergies, and nasal congestion.

Composition (per 5ml):

- **Chlorpheniramine Maleate: 2mg**
- **Phenylephrine: 5mg**

Indications:

This syrup is used for the symptomatic relief of:

- 1. Allergic Conditions:**
 - **Runny nose**
 - **Sneezing**
 - **Watery eyes**
 - **Itching of the nose or throat**
- 2. Nasal Congestion due to:**
 - **Common cold**
 - **Sinusitis**
 - **Upper respiratory tract infections**

Mechanism of Action:

- 1. Chlorpheniramine Maleate:** A histamine H1-receptor antagonist that helps reduce allergy symptoms like sneezing, runny nose, and itching.
- 2. Phenylephrine:** A selective alpha-1 adrenergic receptor agonist that reduces nasal swelling and congestion by

Dosage & Administration:

- **Adults and Children Above 12 Years:** 5ml every 6 hours (maximum 20ml in 24 hours).
- **Children 6–12 Years:** 2.5ml every 6 hours (maximum 10ml in 24 hours).
- **Children 2–6 Years:** 1.25ml every 6 hours (maximum 5ml in 24 hours).

Note: Dosage should be adjusted as per physician's advice.

Side Effects:

- **Common Side Effects:**
 - **Drowsiness**
 - **Dry mouth, nose, or throat**
 - **Mild dizziness**
- **Serious Side Effects (Rare):**
 - **Increased blood pressure (Phenylephrine)**
 - **Allergic reactions (rash, itching, swelling)**

Precautions:

- 1. Allergy:** Avoid use in individuals allergic to antihistamines or decongestants.
- 2. Hypertension:** Use cautiously in patients with high blood pressure due to Phenylephrine.
- 3. Drowsiness:** Avoid driving or operating heavy machinery.
- 4. Pregnancy and Lactation:** Consult a doctor before use.

5. Children Under 2 Years: Use only under medical supervision.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

TM: Trademark Applied for

Drug Interactions:

- **Monoamine Oxidase Inhibitors (MAOIs): May enhance the effects of Phenylephrine.**
 - **Alcohol or Sedatives: May increase drowsiness caused by Chlorpheniramine.**
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Overdose Symptoms:

- **Chlorpheniramine: Drowsiness, confusion, or difficulty breathing.**
 - **Phenylephrine: High blood pressure, restlessness, or irregular heartbeat.**
 - **Immediate medical attention is required in case of overdose.**
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Storage:

- **Store at room temperature (15–25°C).**
 - **Protect from direct sunlight and moisture.**
 - **Keep out of reach of children.**
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Key Counseling Points:

1. **Shake the bottle well before use.**
 2. **Use the provided measuring device for accurate dosing.**
 3. **Avoid consuming alcohol while taking this medication.**
 4. **If symptoms persist for more than 5 days or worsen, consult a doctor.**
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This Chlorpheniramine Maleate (2mg) + Phenylephrine (5mg) Syrup provides effective and fast relief from cold and allergy symptoms. Use as directed for best results.